BREAKFAST

Breakfast Sandwiches served on choice of English muffin, everything bagel or croissant. Served until 10:30am

THE STANDARD $4.75 Fried egg, cheddar cheese, bacon, red onion, onion jam
SWEET TART $3.75 Caramelized bananas and Nutella
GOOD MORNING $6.75 Avocado, grilled onion and tomato, house made basil aioli, egg and cheddar cheese
BREAKFAST HAM AND CHEESE $6.50 Prosciutto and fresh mozzarella
EBLT $5.25 Fried egg, bacon, lettuce, tomatoes and aioli
MEDITERRANEAN $6.25 Egg whites, grilled tomatoes, fresh baby spinach, house roasted red peppers, aioli and Swiss
SMOKED SALMON AND BAGEL $6.25 Cream cheese, chive, red onion and capers

SANDWICHES

Sandwiches served on customer’s choice of freshly baked ciabatta, baguette or wheat wrap
Served from 11am until close

THE PARMS $8.50 Chicken or eggplant with fresh mozzarella, house marinara, basil and parmesan cheese
PUGLIESE $9.25 Chicken or eggplant, with fresh mozzarella, red onion, house roasted peppers, prosciutto and EVOO
MAMBO ITALIANO $9.50 Mortadella, salami, sopressatta, hots, imported provolone and the works
THE PROSCIUTTO $8.75 Prosciutto, fresh mozzarella, sliced tomatoes, arugula and balsamic vinegar
FRANKIE THE MEATBALL $9.00 Mama’s house made meatballs, marinara, provolone and parmesan cheese
HOUSE MADE CHICKEN OR TUNA SALAD $7.75 Lettuce, tomato, and your choice of cheese American, Swiss, provolone or cheddar
CAPRESE $8.00 Fresh mozzarella, house basil aioli, tomato and balsamic
GRILLED CHICKEN $9 Marinated chicken, avocado, lettuce, Swiss, tomato, roasted red peppers and aioli
TURKEY WRAP $8 Roast turkey breast, Swiss, hickory smoked bacon, lettuce, tomato, basil aioli on wheat wrap

PANINIS

Served with Brioche roll and pressed on grill

HAM AND GRILLED CHEESE $8.50 Smoked ham, VT cheddar cheese
ROAST BEEF $9.00 Onion jam, caramelized onion, VT bleu cheese
CUBANO $9.00 House made slow roasted pork, dijon mustard, pickles, black forest ham and Swiss
CORNED BEEF $8.50 with dijon, house aioli, sweet onion and Swiss
PASTRAMI $9.50 with dijon, pickles and Swiss
JUICES
from the Juice Bar
CARROT $5.00
APPLE $5.00
WAKE UP $6.50
Kale, Cucumber, Carrots, Apple and Citrus
MR. PROFESSOR $6.50
Strawberry, Blueberry, Cucumber, Lavender and Mint

SMOOTHIES $7.00
TRIPLE BERRY BLEND
Strawberries, Blueberries, Raspberries, Milk and Sweetener
CUCUMBER KALE
Carrot Juice, Cucumber, Kale, Lemon Juice
MEXICAN COFFEE
Espresso, Soy Milk, Brown Sugar
CHOCOLATE BANANA
Banana, Chocolate, Peanut Butter, Frozen Yogurt